

Add Sparkle or Find Love with Feng Shui

📷 Photo Credit To Marlene Thoms

Classical Feng Shui is a great way to help foster harmonious relationships, enhance your attractiveness and improve your odds for finding Mr. or Mrs. Right. Whether you are in an existing relationship or still single and looking, Classical Feng Shui can boost your love life with some simple and very discrete techniques.

Feng Shui for Couples

Clearly, the bedroom is an important area of the [home](http://healthylivingasia.com/2015/10/feng-shui/) (<http://healthylivingasia.com/2015/10/feng-shui/>) when you are in a relationship. In order to enjoy a healthy relationship with your loved one, make sure that the bedroom – and especially the bed itself – is free of any negative energies.

(<http://healthylivingasia.com/wp-content/uploads/2015/12/Marlene-Thoms-are-a-few-simple-Feng-Shui-ground-rules-for-couples-who-wish-to-strengthen-their-relationship-1.jpg>)

[Couples-hands-web.jpg](#)

Photo credit: Nick Bellamy

Here are a few simple Feng Shui ground rules for couples who wish to strengthen their relationship.

Avoid ceiling beams across the bed: Ceiling beams create aggressive Qi flow. This negative energy is forced downwards and onto the couple sleeping underneath it. Aside from nightmares and restless sleep, this can also lead to relationship stress and frequent arguments. The simple solution is to just move your bed from under the beam.

Water beds: Water is generally associated with Yang activities, whereas sleeping is a Yin activity. Sleeping in a water bed will negatively impact long-term prosperity and harmony with your spouse, which is why water beds are generally not recommended by Feng Shui consultants.

Avoid room door pointing at the bed: If your bedroom door opens up directly onto your bed, the Qi entering the room through the door “crashes” into the bed. This leads to very aggressive energy that will cause interrupted or bad sleep, as well as slowly destroying your love life (if it's your master bed that is affected by this feature). Luckily, it is also a very easy to solve issue – simply *move your bed so that neither your head nor your feet are in direct alignment with the bedroom door*. If you cannot move the bed to another position, then placing a screen between the door and the bed will also do the trick.

Neutralize the “Argument Star”: In the current Year of the Wood Goat, the Argument Star resides smack-bam in the center of your home. Very often the center of a house or apartment is where we find the living room or passageways to other rooms. It is here where there is a lot of activity that enhances the dreaded Argument Star. This can wreak havoc on couples and create many pointless and needless fights and discussions, causing much disharmony.

The best cure to weaken or neutralize this star is to *place an oil lamp or some candles* in the center of your home and to keep them burning. If this is not possible, *put a big red rug or carpet in the center of your home*.

Bring the spark back: In the Year of the Wood Goat we find that the star that relates to *passion and celebration resides in the Southwest corner of the home*. Stand in the center of your home with a compass in hand to see where the Southwest corner is located. Either sleep in this area or spend a lot of time there with your spouse. This will bring back a little bedroom magic!

Feng Shui for Singles

Those of us who are still single and want to find the right one this year, need to be a little bit more proactive to improve their relationship luck. If you've been having trouble finding love, then you will have to *activate your personal “Peach Blossom Star” in your home to make things happen*. In order to do so you will need:

([http://healthylivingasia.com/wp-](http://healthylivingasia.com/wp-content/uploads/2015/12/Compass)

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[web.jpg](#))

Photo credit: Heartlover1717

- A simple compass
- The floor plan of your house or apartment (hand drawn is fine!)
- Your Chinese sign of zodiac

Once you've got all this, follow these very simple steps:

Step 1: Identify your Chinese sign of zodiac, or animal sign. Using the table below, locate the direction where your personal Peach Blossom Star resides:

Finding Your Personal Peach Blossom Star	
Your Chinese Zodiac	Peach Blossom Star Direction
Monkey, Rat, Dragon	Rooster Direction: 277.6 – 292.5 degrees
Tiger, Horse, Dog	Rabbit Direction: 82.6 – 97.5 degrees
Pig, Rabbit, Goat	Rat Direction: 352.6 – 7.5 degrees
Snake, Rooster, Ox	Horse Direction: 172.6 – 187.5 degrees

For example, if you were born in the year of the Snake, your Peach Blossom Star resides in the Horse Direction, spanning 172.6 – 187.5 degrees on your compass.

Step 2: Refer to the floor plan of your house or apartment and mark the approximate center of your apartment on the floor plan.

Step 3: Now find that central point in your actual house or apartment and stand there with your compass. Looking at your compass, find the Peach Blossom Star Direction in your residence and identify the corresponding area in your home.

For example, your Peach Blossom Star direction is Horse (172.6 – 187.5 degrees on your compass), covering a corner of your living room and some of your kitchen.

Step 4: Place a transparent glass vase with clear water and several bamboo stems in it in this area.

Make sure that the water is always fresh and not stagnant, as dirty water will lead to complicated or negative relationships – not something we want to attract!

Now lean back, pamper yourself and wait for romance to blossom. To learn more about Feng Shui, see our other article [here](http://healthylivingasia.com/2015/10/feng-shui/) (<http://healthylivingasia.com/2015/10/feng-shui/>) about Feng Shui at home.

About Susanne

Susanne Schutz is the Founder & Managing Director of Suzhong Consulting Ltd.

See her [website \(http://www.suzhongconsulting.com\)](http://www.suzhongconsulting.com) and [Facebook page \(http://www.facebook.com/SuzhongConsulting\)](http://www.facebook.com/SuzhongConsulting) for more information.

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